

How to Send a Text Message

1. Press the "Menu" button.
2. Select the "Messaging" option.
3. Select "Send Message".
4. Select "Text Message".
5. Select message recipient(s) from your Contact List or enter recipient ten-digit telephone number(s) or email address(es).
6. Select "Next".
7. Type your message.
8. Select "Next".
9. Select "Send".

How to Retrieve a Text Message

When you receive a new text message, the message will appear on your screen.

To review all messages in your text messaging inbox.

1. Press the "Menu" button.
2. Select the "Messaging" option.
3. Select "Text Messages".
4. Select "Inbox".
5. Select the message you would like to review.

How to Send a Picture or Video Message to another Cellular Phone or to an Email Address

1. Take a picture or record a video with your wireless phone.
2. Select "Options".
3. Select "Send".
4. If this is your first time using this service on your phone, you will be asked to activate your account. Enter a 4-6 digit password of your choosing to activate your account.
5. Select message recipient(s) from your Contact List or enter recipient ten-digit telephone number(s) or email address(es).
6. Select "Next".
7. You may enter text and/or record a message to be included with your picture/video message.
8. Select "Send".

OR, To send a saved picture or video:

1. Go to your phone's main Menu screen.
2. Select the "Messaging" option.
3. Select "Send Message".
4. Select "Pic/Video Msg".
5. If this is your first time using this service on your phone, you will be asked to activate your account. Enter a 4-6 digit password of your choosing to activate your account.
6. Select message recipient(s) from your Contact List or enter recipient ten-digit telephone number(s) or email address(es).
7. Select "Next".
8. Select "In Phone".
9. Select the picture(s) or video(s) you would like to send. Select "Next".
10. You may enter text and/or record a message to be included with your picture/video message.
11. Select "Send".

How to Retrieve a Picture or Video Message

When you receive a new picture or video message, the message will appear on your screen.

To review all messages in your picture and video messaging inbox.

6. Press the "Menu" button.
7. Select the "Messaging" option.
8. Select "Pic/Video Msg".
9. Select "Inbox".
10. Select the message you would like to review.

How to Upload Pictures or Videos to your Online Album

1. Go to your phone's main Menu screen.
2. Select "Pic/Video".
3. Select "My Pics/Videos".
4. Select the picture(s) or video(s) that you would like to upload.
5. Select "Options".
6. Select "Upload"
7. Select "My Uploads".

How to View your Online Album

From a PC:

1. Go to <http://mypictures.sasktel.com>.
2. Type in your 10-digit cellular phone number and enter your 4-digit password. (This is the password you chose when you sent your first picture/video message).

From your phone:

1. Press the "Menu" button.
2. Select "Pic/Video".
3. Select "My Pics/Videos".
4. Select "Online Albums".

How to Download Ringtones

1. Select "Menu".
2. Select "Downloads".
3. Select "Ringers".
4. Select "Get New".
5. Browse Ringtones and select the Ringtone you would like to download.
6. Select "Purchase" or "Buy".

OR, To Download Ringtones from MuchMusic or Sympatico:

1. Select "Menu".
2. Select "Web".
3. Select "Downloads".
4. Select "MuchMusic" or "Sympatico downloads".
5. Browse Ringtones and select the Ringtone you would like to download.
6. Select "Purchase" or "Buy".

How to Set your Ringtone

1. Select "Menu".
2. Select "Downloads".
3. Select "Ringers".
4. Scroll down to the ringtone you would like to set as your ringtone.
5. Select "Options".
6. Select "Set As".
 - a. Select "Caller ID" to set this ringtone to play when you receive a call with Caller ID.
 - b. Select "No Caller ID" to set this ringtone to play when you receive a call with no Caller ID.
 - c. Select "VoiceMail" to set this ringtone to play when you receive a VoiceMail message.
 - d. Select "Message" to set this ringtone to play when you receive a text message.
 - e. Select "Pic/Video Msg" to set this ringtone to play when you receive a picture or video message.
 - f. Select "Contacts" to set this ringtone to play when you receive a call from a specific person in your contact list.

How to Download Games

1. Select "Menu".
2. Select "Downloads".
3. Select "Games".
4. Select "Get New".
5. Browse Games and select the game you would like to download.
6. Select "Purchase" or "Buy".

How to Play a Downloaded Game

1. Select "Menu".
2. Select "Downloads".
3. Select "Games".
4. Select the game you would like to play.

How to Download Screen Savers

1. Select "Menu".
2. Select "Downloads".
3. Select "Screen Savers".
4. Select "Get New".
5. Browse Screen Savers and select the screen saver you would like to download.
6. Select "Purchase" or "Buy".

OR, To Download a Screen Saver from MuchMusic or Sympatico:

1. Select "Menu".
2. Select "Web".
3. Select "Downloads".
4. Select "MuchMusic" or "Sympatico downloads".
5. Browse Screen Savers and select the screen saver you would like to download.
6. Select "Purchase" or "Buy".

How to set a Downloaded Screen Saver as the Screen Saver on your phone

1. Select "Menu".
2. Select "Downloads".

3. Select "Screen Savers".
4. Scroll down to the screen saver you would like to set as your screen saver.
5. Select "Options".
6. Select "Set As".
 - a. Select "Caller ID" to set this screen saver to display when you receive a call with Caller ID.
 - b. Select "No Caller ID" to set this screen saver to display when you receive a call with no Caller ID.
 - c. Select "Roaming" to set this screen saver to display when you are roaming.
 - d. Select "Main Display" to set this screen saver to display when a call is not coming in.
 - e. Select "Contacts" to set this screen saver to display when you receive a call from a specific person in your contact list.

How to Download Full Track Music

1. Select "Menu".
2. Select "Music".
3. Browse music and select the song you would like to download.
4. Select "Preview" to listen to a clip of the song.
5. Select "Buy Song" to purchase the song.
6. Once the song has completed downloading, you play the song or add it to your playlist.

**Once you download a song to your cell phone from the Mobile Music Store, you can also download it to your PC. Just go to www.sasktel.com/getmusic!

How to Play Full Track Music on your phone

1. Select "Menu".
2. Select "Music".
3. Press the right arrow button to go to "Player".
 - a. To play full track music in a playlist you have created, simply select the playlist and select the song you would like to listen to.
 - b. To play full track music that you have downloaded but have not put in a playlist, select "All My Music" and select the song you would like to listen to.

How to Access Mobile Browser

1. Select "Menu".
2. Select "Web".

How to Access Streaming Video

1. Select "Menu".
2. Select "Media Player".
3. Select "Channel Listing".
4. Select "Video".
5. Browse to find the channel you would like to watch.

How to Access Streaming Radio

1. Select "Menu".
2. Select "Media Player".
3. Select "Channel Listing".
4. Select "Audio".
5. Select the music genre you want to listen to.

How to Send a Say & Send Message

1. Dial **#8767** on your SaskTel post-paid cellular phone.
2. The initial menu will provide you with the option to:
 - o press **1** to review all of your messages, or
 - o press **2** to send a message.

Note: The first time you access the service there will be an extended greeting with slightly different prompts, but they will remain consistent after you begin using the service.
3. After recording the message:
 - o Pay-per-use customers must enter the recipient's 10-digit phone number.
 - o Subscription customers can press **1** to address their message to a phone number or press **2** to use your Say & Send address book.
4. Once the message has been addressed, you can simply hang-up and the message will be sent. If you stay on the line, you'll be provided with additional menu options.
 - o press **1** to send the message,
 - o press **2** to listen to your message,
 - o press **3** to add recipients (up to 15 recipient per message),
 - o press **#** to re-record the message or
 - o press ***** to cancel the message altogether.
5. After your message is sent, you can disconnect or return to the main menu to send a new message or review any messages that are waiting for you.

How to Listen and Reply to a Say & Send Message

1. You will receive a text message notification that there is a new message waiting for you. To access the message simply press the **Send** or **Talk** key on your phone or dial **#8767**.
2. You will hear a welcome message for the service then the Say& Send message will play. If you have multiple messages, they will play in order from the newest to the oldest. You can skip messages by pressing the **#** key.
3. After listening to the message, you'll have the option to:
 - o **reply to the message** (press **1** and record/send the same way as creating a new message),
 - o **forward the message** to another post-paid SaskTel customer (press **2**),
 - o **delete the message** (press **3**),
 - o **replay the message** (press **4**), or
 - o **receive envelope information** for the message (press **5**).
4. After reviewing your messages, you can disconnect or you'll be taken back to the main menu for the service.

Note: The Say & Send text message notification is always the same. It reads "You have a Say& Send message from **Sender's name** or **Sender's cell phone number**. To listen, press send or call **#8767**". If you do not delete each text message notification, the next time you receive a Say & Send text message notification, it will appear as a duplicate message. To prevent this from happening make sure you delete the notification messages.

How to Access and Manage your Say & Send Account Online

1. Go to www.sasktel.com.
2. Click on "Mobility" under the "Personal" heading.
3. Click on "Features" – on the left-hand side of the page.
4. Click on "Say & send service".
5. Click on "Manage my Say & Send account" under "Say & Send Support" – Right-hand side of the page.

6. Sign in with your 10-digit cell phone number and your Say & Send password.
7. Now you can listen to and manage your messages, create contacts and distribution lists and change your password.