



Cooking with Kids

Cheese Omelet

Oil

2 eggs

½ cup milk

Salt and pepper

¼ cup cheese, grated

Heat pan on medium heat, add a little oil. Crack eggs into a bowl and whisk. Add milk, salt and pepper, whisk again. Slowly add egg mixture to the pan. Turn the pan until bottom is covered with mixture. Slowly mix the egg mixture until cooked. Add cheese and fold omelet over. Carefully slide onto plate.